

Curriculum Overview - PSHE

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	<p>Relationships and sex education Healthy routines, influences on health, puberty, unwanted contact, and FGM</p> <p><u>Cross Curricular Links</u> <i>Citizenship – Human Rights, Law</i> <i>Experiential – Workshops</i></p> <p><u>RRSA</u> 1, 2, 3, 7, 8, 36, 34, 33, 32, 39</p>	<p>Healthy Lifestyles Impact of energy drinks Smoking Consequences of unhealthy eating Exercise Food groups Mental health</p> <p><u>Cross Curricular Links:</u> <i>Citizenship – Law</i> <i>Maths – Statistics</i> <i>ICT – Research, Using software packages</i></p> <p><u>RRSA</u> 2, 6, 13, 19, 18, 24, 33, 34, 36, 40, 41</p>	<p>Diversity and Prejudice Bullying in all forms Managing on and offline friendships Exploring Family Life</p> <p><i>National Film week</i></p> <p><u>Cross Curricular Links:</u> <i>Citizenship – Culture and Diversity, Rights and Responsibilities</i> <i>ICT – Online Safety</i> <i>RE – Relationships and Families</i></p> <p><u>RRSA</u> 2, 3, 5, 9, 12, 13, 14, 16, 17, 18, 30, 31,</p>	<p>RE, introduction to religion, exploring the six main religious symbols, places of religion, festivals, beliefs about God</p> <p><u>Cross Curricular Links:</u> <i>English- Comparative Writing</i> <i>Citizenship – Culture and Diversity</i> <i>Humanities – Chronology, Maps</i></p> <p><u>RRSA</u> 2, 7, 8, 12, 13, 15, 30, 31,</p>	<p>Introduction to careers Exploring jobs and personal qualities and strengths</p> <p><u>Cross Curricular Links:</u> <i>Maths – Number, Estimation, Money</i> <i>Experiential – Guest Speakers, Fairtrade</i> <i>Citizenship - Careers</i></p> <p><u>RRSA</u> 3, 17, 18, 20, 27, 26, 29, 36</p>	<p>Transition to Secondary School Friendships Diet and Exercise Healthy Choices</p> <p>Experiential learning Park – play</p> <p><u>Cross Curricular Links:</u> <i>Food Tech – Healthy Eating</i> <i>PE – Teamwork, Exercise</i></p> <p><u>RRSA</u> 3, 5, 8, 12, 16, 24, 34, 36,</p>
8	<p>Goals, behaviour and emotions Confidence boosters, skills and behaviours, SMART targets, self-management skills, self-awareness, mindfulness</p> <p><u>Cross Curricular Links:</u> <i>Science – health</i> <i>Maths – Statistics</i> <i>ICT – Research, Using software packages</i></p> <p><u>RRSA</u> 2, 6, 13, 15, 17, 18, 24, 31, 33</p> <p><u>Cross Curricular Links:</u> <i>Citizenship – Law</i> <i>Maths – Statistics</i> <i>ICT – Research, Using software packages</i></p>	<p>Relationships and sex education Qualities in a relationship Communication, sexting, stages of a relationship, contraception</p> <p><u>Cross Curricular Links:</u> <i>English- Literacy skills</i> <i>Citizenship – Rights and Responsibilities, Law</i> <i>ICT – Online Safety</i> <i>Science – Male and Female Reproductive Systems</i> <i>Experiential – Workshops</i></p> <p><u>RRSA</u> 1, 17, 24, 34, 36</p>	<p>Mental Health, emotional well-Being, body image, managing change and loss, online safety</p> <p><u>Cross Curricular Links:</u> <i>ICT – Online Safety</i> <i>SRE – Media Influences</i></p> <p><u>RRSA</u> 2, 12, 13, 14, 17, 18, 24, 27, 29, 31, 36, 34, 36</p>	<p>Religious Education, Exploring the six main religious symbols, places of religion, festivals, beliefs about God</p> <p><u>Cross Curricular Links:</u> <i>English- Extended Writing Skills, Fact and Opinion</i> <i>Citizenship – Rights and Responsibilities, Law</i> <i>ICT – Research</i> <i>Experiential – Visits to places of worship, Guest Speakers</i></p> <p><u>RRSA</u> 2, 7, 8, 12, 13, 14, 17, 28, 29, 30,</p>	<p>Careers and future thinking Equality of opportunity in careers and life choices, and different types and patterns of work</p> <p><u>Cross Curricular Links:</u> <i>Citizenship – Money Management</i> <i>Maths – Number, Estimation, Budgeting</i> <i>Experiential - Workshops</i></p> <p><u>RRSA</u> 3, 17, 18, 20, 27, 26, 29, 36</p>	<p>Reflective practice Transition to Year 9</p> <p>Transition Friendships and relationships</p> <p><u>Cross Curricular Links:</u> <i>Citizenship – Money Management</i> <i>Maths – Number, Estimation, Budgeting</i> <i>Experiential – Workshops</i></p> <p><u>RRSA</u> 17,24,34,36</p>

<p>9</p>	<p>British Values Identity, prejudice, discrimination, migration, conflict, diversity</p> <p><u>Cross Curricular Links:</u> <i>English- Literacy Skills, Reading Text</i> <i>RSE - relationships</i></p> <p>RRSA 2, 4,12, 13, 17, 27, 28,</p>	<p>Media The role of the media, free press, NGO's, using your voice to make a change</p> <p><u>Cross Curricular Links:</u> <i>English- Literacy Skills, Reading Text, Writing</i> <i>Citizenship – living in the wider world</i> Gatsby Benchmark</p> <p>RRSA 2, 4, 12, 13, 15, 17, 28, 29</p>	<p>Human Rights HR in the UK, what are they? Children's rights – RRSA, poverty, organisations</p> <p><u>Cross Curricular Links:</u> <i>English- Literacy Skills, Reading Text, Writing</i> <i>Citizenship – living in the wider world, law</i></p> <p>RRSA 4, 13, 15, 17, 27, 28, 29, 36</p>	<p>Human Rights (2) HR in the wider world, NATO, Commonwealth, International law, pressure groups, making change</p> <p><u>Cross Curricular Links:</u> <i>English- Literacy Skills, Reading Text, Writing</i> <i>Citizenship – living in the wider world, law</i></p> <p>RRSA 4, 13, 15, 17, 27, 28, 29, 36</p>	<p>Government How laws are made, family planning, charities, election process, using our voice</p> <p><u>Cross Curricular Links:</u> <i>English- Literacy Skills, Reading Text, Writing</i> <i>Citizenship – living in the wider world, law</i></p> <p>RRSA 13, 15, 17, 24, 27, 28, 29, 33, 36</p>	<p>Intimate relationships Consent, contraception, the risks of STIs, and attitudes to pornography</p> <p><u>Cross Curricular Links:</u> <i>English- Literacy Skills, Reading Text, Writing</i> <i>Citizenship – living in the wider world</i></p> <p>RRSA 2, 3, 6, 17, 18, 24, 26, 27, 28, 29, 31</p>
<p>10</p>	<p>Mental Health Facts and perceptions , spectrum of mental health, lifestyle choices re: MH, coping strategies, support</p> <p><u>Cross Curricular Links:</u> <i>English- Literacy Skills, Reading Text</i> <i>ICT – Software Design, Research</i></p> <p>RRSA 2, 6, 12, 13, 14, 15, 17, 24, 28, 29,</p>	<p>Exploring the influence of drugs and gangs Anti-social behaviour, knife crime, county lines, young offenders</p> <p><u>Cross Curricular Links:</u> <i>English –Reading Text</i> <i>Citizenship –Law</i> <i>Experiential – Workshops/ Key Worker Organisations</i></p> <p>RRSA 17, 18, 19, 20, 21, 28, 29, 33, 34,</p>	<p>Religious Education Exploring the six main religions</p> <p><u>Cross Curricular Links:</u> <i>Humanities – Maps, Chronology</i> <i>English –Communication, Reading, Writing Skills</i> <i>ICT – Research, Using Software</i> <i>Citizenship - Diversity</i></p> <p>RRSA 2,7,8, 12, 13, 14, 17, 28, 29, 30,</p>	<p>Religious Education Introduction to the six main religions</p> <p><u>Cross Curricular Links:</u> <i>Humanities – Maps, Chronology</i> <i>English –Communication, Reading, Writing Skills</i> <i>ICT – Research, Using Software</i> <i>Citizenship - Diversity</i></p> <p>RRSA 2,7,8, 12, 13, 14, 17, 28, 29, 30,</p>	<p>Final decision making, Money management credit ratings, pay day loans/borrowing, risks and solutions, support</p> <p><u>Cross Curricular Links:</u> <i>Experiential – Workshops</i> <i>Citizenship – Money Management</i></p> <p>RRSA 2, 13, 17, 18, 24, 26, 27, 28, 29, 32, 36,</p>	<p>Families Different families, parental responsibilities, pregnancy, marriage, changing relationships</p> <p>Transition What is PSHE and why do we need to learn about it? Introduction activities Aims for Year 11</p> <p><u>Cross Curricular Links:</u> <i>English – Speaking and Listening</i> <i>RE – Relationship and Families</i></p> <p>RRSA 1, 2, 3, 5, 7, 8, 9, 10, 12, 13, 14, 17, 18, 19, 20, 21, 22, 25, 29, 34, 35, 36</p>

<p>11</p>	<p>Building the future Career opportunities, employability</p> <p><u>Cross Curricular Links:</u> English- Key Vocab, Extended Writing Citizenship – Debating, Identity</p> <p>RRSA 2, 3, 13, 14, 17, 28, 29, 32</p>	<p>Extremism Assumptions, extremist groups, media and case studies, radicalisation process, counter terrorism support and seeking help</p> <p><u>Cross Curricular Links:</u> ICT – Dangers Online English – Literacy Skills Maths – Facts and Statistics</p> <p>RRSA 2, 3,4, 8, 11, 13, 14, 17, 18, 19, 28, 29, 36, 37,</p>	<p>Religious Education Exploring Christianity</p> <p><u>Cross Curricular Links:</u> Humanities – Maps, Chronology English –Communication, Reading, Writing Skills ICT – Research, Using Software Citizenship - Diversity</p> <p>RRSA 2,7,8, 12, 13, 14, 17, 28, 29, 30</p>	<p>Religious Education Exploring Islam</p> <p><u>Cross Curricular Links:</u> Humanities – Maps, Chronology English –Communication, Reading, Writing Skills ICT – Research, Using Software Citizenship - Diversity</p> <p>RRSA 2,7,8, 12, 13, 14, 17, 28, 29, 30</p>	<p>Supporting Citizenship Revision Human Rights, prejudice and discrimination, racism, British values</p> <p><u>Cross Curricular Links:</u> English – Literacy Skills Citizenship – Human Rights, British Values</p> <p>RRSA 1, 2, 8,12,13,14,17, 19, 23, 28, 29, 30, 31,</p>	<p>Online Safety Digital footprints, privacy and data, trolling and cyber bullying, dark web, online grooming</p> <p><u>Cross Curricular Links:</u> ICT – Social Media, Online Safety English – Reading, Writing, Key Vocabulary Citizenship – rights and responsibilities</p> <p>RRSA 1, 3,8, 10, 13, 14, 15, 16, 17, 18,19,28, 29,31,36</p>
<p>Churchill</p>	<p>How do I keep myself safe? First aid, road safety, rail safety, online safety, personal safety in and outside school, contraception, STI's, sexting, consent, drugs and alcohol, pressures</p> <p><u>Cross Curricular Links:</u> English- Literacy Skills, reading text RSE – relationships Experiential Learning ICT – using software</p> <p>RRSA 2, 3, 13, 15, 16, 17, 18, 24, 27, 28, 29, 31, 32, 33, 34, 35, 36</p>	<p>Exploring relationships Attraction, family relationships, conflict and resolution, relationship changes, communication, Self-worth, romance and friendships (including online) and relationship boundaries, consent</p> <p><u>Cross Curricular Links:</u> English- Literacy Skills, reading text RSE – relationships Experiential Learning ICT – using software</p> <p>RRSA 1, 2, 8, 13, 14, 15, 16, 17, 18, 20,21,22, 23, 24, 28, 31 34,36</p>	<p>What are my feelings and how can I manage them? Emotions, mental health and emotional wellbeing, including body image and coping strategies, puberty</p> <p><u>Cross Curricular Links:</u> English- Literacy Skills, reading text RSE – relationships Experiential Learning ICT – using software</p> <p>RRSA 1, 2,8, 12, 13, 17, 18, 24, 29, 33, 36</p>	<p>Diversity and Culture Diversity, prejudice, discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia, different religions, explore different foods, forced marriage</p> <p><u>Cross Curricular Links:</u> English- Literacy Skills, reading text RSE – relationships Experiential Learning ICT – using software Maths – statistics Food Tech - cooking</p> <p>RRSA 2,7,8, 12, 13, 14, 17, 28, 29, 30</p>	<p>What does my future look like? Careers, teamwork and enterprise skills, and raising aspirations, Equality of opportunity in careers and life choices, and different types and patterns of work, Learning strengths, career options and goal setting, employability and online presence</p> <p><u>Cross Curricular Links:</u> English- Literacy Skills, reading text RSE – relationships Experiential Learning ICT – using software</p> <p>RRSA 2, 3, 13, 14, 17, 28, 29, 32</p>	<p>Reflective practice Where am I now? What have I achieved? Goal setting, growth mindset</p> <p><u>Cross Curricular Links:</u> English- Literacy Skills, reading text Experiential Learning ICT – using software</p> <p>RRSA 2, 3, 12, 13, 14, 17, 28, 29, 31,32</p>
<p>KS4 Literacy Focus Incorporation of key words and understanding of worded questions, emphasis on long answer questions, effective communication between each other</p>						