

Curriculum Overview - PSHE

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	Diversity and Prejudice, bullying in all forms, managing on and offline friendships, exploring Family Life Cross Curricular Links: Citizenship – Culture and Diversity, Rights and Responsibilities ICT – Online Safety RE – Relationships and Families RRSA 2, 3, 5, 9, 12, 13, 14, 16,	Drugs and Alcohol, legal and illegal drugs, impact of energy drinks, impacts upon health, smoking and alcohol and the law, peer Pressure Cross Curricular Links: Citizenship – Law Maths – Statistics ICT – Research, Using software packages		RE, introduction to religion, exploring the six main religious symbols, places of religion, festivals, beliefs about God Cross Curricular Links: English- Comparative Writing Citizenship – Culture and Diversity Humanities – Chronology, Maps	Introduction to careers Exploring jobs and personal qualities and strengths Cross Curricular Links: Maths – Number, Estimation, Money Experiential – Guest Speakers, Fairtrade Citizenship - Careers RRSA 3, 17, 18, 20, 27, 26, 29, 36	Transition to Secondary School friendships, diet and exercise, healthy choices Cross Curricular Links: Food Tech – Healthy Eating PE – Teamwork, Exercise RRSA 3, 5, 8, 12, 16, 24, 34, 36,
	17, 18, 30, 31,	2, 6, 13, 19, 18, 24, 33, 34, 36, 40, 41		RRSA 2, 7, 8, 12, 13, 15, 30, 31,		
8	Drugs and Alcohol Why do people take drugs?, categorising drugs, legal and illegal drugs, drugs and the law, impacts upon health, facts and statistics Cross Curricular Links: Citizenship – Law Maths – Statistics ICT – Research, Using software packages RRSA 2, 6, 13, 17, 18, 19, 24, 33, 34, 36, 40, 41,		Mental Health, emotional well-Being, body image, managing change and loss, online safety Cross Curricular Links: ICT – Online Safety SRE – Media Influences RRSA 2, 12, 13, 14, 17, 18, 24, 27, 29, 31, 36, 34, 36	RE, introduction to religion, exploring the six main religious symbols, places of religion, festivals, beliefs about God Cross Curricular Links: English- Extended Writing Skills, Fact and Opinion Citizenship – Rights and Responsibilities, Law ICT – Research Experiential – Visits to places of worship, Guest Speakers RRSA 2, 7, 8, 12, 13, 14, 17, 28, 29, 30.	Rights and Responsibilities, racism, ageism, religious discrimination, challenging discrimination, respecting each other, peer Influence Cross Curricular Links: Citizenship – Money Management Maths – Number, Estimation, Budgeting Experiential - Workshops RRSA 1, 2, 8,12,13,14,17, 19, 23, 28, 29, 30, 31,	Transition to Year 9 Reflective practice Transition Friendships and relationships Cross Curricular Links: Citizenship – Money Management Maths – Number, Estimation, Budgeting Experiential – Workshops RRSA 17,24,34,36



9	Respectful relationships Families and parenting, healthy relationships, conflict resolution, and relationship changes Cross Curricular Links: English- Literacy Skills, Reading Text RSE - relationships	Setting goals Learning strengths, career options and goal setting as part of the GCSE options process Cross Curricular Links: English- Literacy Skills, Reading Text, Writing Citizenship – living in the wider world Gatsby Benchmark	Drugs and Alcohol Substance misuse, attitudes and behaviours, legal consequences, vaping, peer influence Cross Curricular Links: English- Literacy Skills, Reading Text, Writing Citizenship – living in the wider world, law	Peer influence and gangs Healthy and unhealthy friendships, assertiveness and gang exploitation Cross Curricular Links: English- Literacy Skills, Reading Text, Writing Citizenship – living in the wider world, law	Intimate relationships Consent, contraception, the risks of STIs, and attitudes to pornography Cross Curricular Links: English- Literacy Skills, Reading Text, Writing Citizenship – living in the wider world	Healthy Lifestyles Diet, exercise, lifestyle balance and healthy choices, and first aid Cross Curricular Links: English- Literacy Skills, Reading Text, Writing Science – body, exercise
	RRSA 2, 17, 20, 21, 27	RRSA 2, 4, 12, 13, 15, 17, 28, 29	RRSA 13, 15, 17, 27, 28, 29, 33, 36	RRSA 13, 15, 17, 27, 28, 29, 33, 36	RRSA 13, 15, 17, 24, 27, 28, 29, 33, 36	RRSA 2, 3, 6, 17, 18, 24, 26, 27, 28, 29, 31
10	Mental Health, facts and perceptions, spectrum of mental health, lifestyle choices re: MH, coping strategies, support Cross Curricular Links: English- Literacy Skills, Reading Text ICT – Software Design, Research RRSA 2, 6, 12, 13, 14, 15, 17, 24, 28, 29,	Religious Education Introduction to the six main religions Cross Curricular Links: Humanities – Maps, Chronology English –Communication, Reading, Writing Skills ICT – Research, Using Software Citizenship - Diversity RRSA 2,7,8, 12, 13, 14, 17, 28, 29, 30,	Religious Education exploring the six main religions <u>Cross Curricular Links:</u> Humanities – Maps, Chronology English –Communication, Reading, Writing Skills ICT – Research, Using Software Citizenship - Diversity RRSA 2,7,8, 12, 13, 14, 17, 28, 29, 30,	Exploring the influence of drugs and gangs, anti-social behaviour, knife crime, county lines, young offenders Cross Curricular Links: English –Reading Text Citizenship –Law Experiential – Workshops/Key Worker Organisations RRSA 17, 18, 19, 20, 21, 28, 29, 33 34,	Final decision making, money management credit ratings, pay day loans/borrowing, risks and solutions, support Cross Curricular Links: Experiential – Workshops Citizenship – Money Management RRSA 2, 13, 17, 18, 24, 26, 27, 28, 29, 32, 36,	Families, different families, parental responsibilities, pregnancy, marriage, changing relationships Transition What is PSHE and why do we need to learn about it? Introduction activities Aims for Year 11 Cross Curricular Links: English – Speaking and Listening RE – Relationship and Families RRSA 1, 2, 3, 5, 7, 8, 9, 10, 12, 13, 14, 17, 18, 19, 20, 21, 22, 25, 29, 34, 35, 36
11	Building the future, Career opportunities, employability Cross Curricular Links: English- Key Vocab, Extended Writing Citizenship – Debating, Identity	Religious Education Exploring the six main religions Cross Curricular Links: Humanities – Maps, Chronology English – Communication, Reading, Writing Skills ICT – Research, Using Software Citizenship - Diversity	Religious Education Exploring Christianity and Islam Cross Curricular Links: Humanities – Maps, Chronology English – Communication, Reading, Writing Skills ICT – Research, Using Software Citizenship - Diversity	Extremism, assumptions, extremist groups, media and case studies, radicalisation process, counter terrorism support and seeking help Cross Curricular Links: ICT – Dangers Online English – Literacy Skills Maths – Facts and Statistics	Supporting Citizenship revision Human Rights, prejudice and discrimination, racism, British values <u>Cross Curricular Links:</u> <u>English – Literacy Skills</u> <u>Citizenship – Human</u> <u>Rights, British Values</u>	Online Safety, digital footprints, privacy and data, trolling and cyber bullying, dark web, online grooming Cross Curricular Links: ICT – Social Media, Online Safety English – Reading, Writing, Key Vocabulary Citizenship – rights and responsibilities



	RRSA 2, 3, 13, 14, 17, 28, 29, 32	RRSA 2,7,8, 12, 13, 14, 17, 28, 29, 30	RRSA 2,7,8, 12, 13, 14, 17, 28, 29, 30	RRSA 2, 3,4, 8, 11, 13, 14, 17, 18, 19, 28, 29, 36, 37,	RRSA 1, 2, 8,12,13,14,17, 19, 23, 28, 29, 30, 31,	RRSA 1, 3,8, 10, 13, 14, 15, 16, 17, 18,19,28, 29,31,36
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