Curriculum Overview - PSHE

| Year | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 7 | Diversity and Prejudice, bullying in all forms, managing on and offline friendships, exploring Family Life Cross Curricular Links: Citizenship - Culture and Diversity, Rights and Responsibilities ICT - Online Safety RE - Relationships and Families <br> RRSA <br> 2, 3, 5, 9, 12, 13, 14, 16, 17, 18, 30, 31, | Drugs and Alcohol, legal and illegal drugs, impact of energy drinks, impacts upon health, smoking and alcohol and the law, peer Pressure <br> Cross Curricular Links: <br> Citizenship - Law Maths - Statistics ICT-Research, Using software packages <br> RRSA $\begin{aligned} & \overline{2,6,13}, 19,18,24,33,34 \\ & 36,40,41 \end{aligned}$ |  | RE, introduction to religion, exploring the six main religious symbols, places of religion, festivals, beliefs about God <br> Cross Curricular Links: <br> English- Comparative <br> Writing <br> Citizenship - Culture and <br> Diversity <br> Humanities - Chronology, Maps <br> RRSA $\overline{2,7,8}, 12,13,15,30,31$ | Introduction to careers Exploring jobs and personal qualities and strengths Cross Curricular Links: Maths - Number, Estimation, Money Experiential - Guest Speakers, Fairtrade Citizenship - Careers <br> RRSA <br> $3,17,18,20,27,26,29,36$ | Transition to Secondary School friendships, diet and exercise, healthy choices Cross Curricular Links: Food Tech - Healthy Eating PE - Teamwork, Exercise <br> RRSA <br> $3,5,8,12,16,24,34,36$, |
| 8 | Drugs and Alcohol Why do people take drugs?, categorising drugs, legal and illegal drugs, drugs and the law, impacts upon health, facts and statistics <br> Cross Curricular Links: <br> Citizenship - Law <br> Maths - Statistics <br> ICT - Research, Using <br> software packages <br> RRSA $\begin{aligned} & \overline{2,6,13}, 17,18,19,24,33 \\ & 34,36,40,41 \end{aligned}$ |  | Mental Health, emotional wellBeing, body image, managing change and loss, online safety Cross Curricular Links: ICT - Online Safety SRE - Media Influences <br> RRSA $\begin{aligned} & 2,12,13,14,17,18,24,27,29 \text {, } \\ & 31,36,34,36 \end{aligned}$ | RE, introduction to religion, exploring the six main religious symbols, places of religion, festivals, beliefs about God <br> Cross Curricular Links: <br> English- Extended Writing Skills, Fact and Opinion Citizenship - Rights and Responsibilities, Law ICT-Research Experiential - Visits to places of worship, Guest Speakers <br> RRSA $\overline{2,7,8}, 12,13,14,17,28,29$ $30,$ | Rights and Responsibilities, racism, ageism, religious discrimination, challenging discrimination, respecting each other, peer Influence Cross Curricular Links: Citizenship - Money Management Maths - Number, Estimation, Budgeting Experiential - Workshops <br> RRSA <br> 1, 2, 8, 12,13,14,17, 19, 23, 28, 29, 30, 31, | Transition to Year 9 Reflective practice <br> Transition <br> Friendships and relationships <br> Cross Curricular Links: <br> Citizenship - Money <br> Management <br> Maths - Number, <br> Estimation, Budgeting <br> Experiential - Workshops <br> RRSA <br> 17,24,34,36 |


| 9 | Respectful relationships Families and parenting, healthy relationships, conflict resolution, and relationship changes <br> Cross Curricular Links: English- Literacy Skills, Reading Text RSE - relationships <br> RRSA <br> 2, 17, 20, 21, 27 | Setting goals Learning strengths, career options and goal setting as part of the GCSE options process <br> Cross Curricular Links: <br> English- Literacy Skills, Reading Text, Writing Citizenship - living in the wider world Gatsby Benchmark <br> RRSA <br> 2, 4, 12, 13, 15, 17, 28, 29 | Drugs and Alcohol Substance misuse, attitudes and behaviours, legal consequences, vaping, peer influence <br> Cross Curricular Links: English- Literacy Skills, Reading Text, Writing Citizenship - living in the wider world, law <br> RRSA $\overline{13,15}, 17,27,28,29,33,36$ |
| :---: | :---: | :---: | :---: |
| 10 | Mental Health, facts and perceptions, spectrum of mental health, lifestyle choices re: MH , coping strategies, support Cross Curricular Links: English- Literacy Skills, Reading Text ICT - Software Design, Research <br> RRSA $\begin{aligned} & 2,6,12,13,14,15,17,24, \\ & 28,29, \end{aligned}$ | Religious Education Introduction to the six main religions <br> Cross Curricular Links: <br> Humanities - Maps, <br> Chronology <br> English-Communication, Reading, Writing Skills ICT - Research, Using Software Citizenship - Diversity <br> RRSA <br> $2,7,8,12,13,14,17,28$, 29, 30, | Religious Education exploring the six main religions Cross Curricular Links: <br> Humanities - Maps, <br> Chronology <br> English-Communication, Reading, Writing Skills ICT - Research, Using Software Citizenship - Diversity <br> RRSA $2,7,8,12,13,14,17,28,29,30,$ |
| 11 | Building the future, Career opportunities, employability <br> Cross Curricular Links: English- Key Vocab, Extended Writing Citizenship - Debating, Identity | Religious Education <br> Exploring the six main religions <br> Cross Curricular Links: <br> Humanities - Maps, <br> Chronology <br> English-Communication, <br> Reading, Writing Skills <br> ICT - Research, Using <br> Software <br> Citizenship - Diversity | Religious Education <br> Exploring Christianity and Islam <br> Cross Curricular Links: <br> Humanities - Maps, <br> Chronology <br> English-Communication, <br> Reading, Writing Skills <br> ICT - Research, Using Software <br> Citizenship - Diversity |


| Peer influence and gangs | Intimate relationships |
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| Healthy and unhealthy | Consent, contraception, the |
| friendships, assertiveness | risks of STIs, and attitudes to | friendships, assertiveness and gang exploitation

## Cross Curricular Links:

 English- Literacy Skills, Reading Text, Writing Citizenship - living in the wider world, law
## RRSA

13, 15, 17, 27, 28, 29, 33, 36

Exploring the influence of drugs and gangs, anti-social behaviour, knife crime county lines, young offenders Cross Curricular Links: English -Reading Text Citizenship-Law Experiential - Workshops/ Key Worker Organisations

## RRSA

7, 18, 19, 20, 21, 28, 29, 33
34,

## Extremism, assumptions,

 extremist groups, media and case studies, radicalisation process, counter terrorism support and seeking help Cross Curricular Links: $\frac{\text { Cross Curricular Links }}{\text { ICT- Dangers Online }}$ ICT- Dangers OnlineEnglish - Literacy Skills Maths - Facts and Statistics

Consent, contraception, the risks of STIs, and attitudes to pornography

## Cross Curricular Links.

 English- Literacy Skills, Reading Text, Writing Citizenship - living in the wider world
## RRSA

13, 15, 17, 24, 27, 28, 29, 33, 36

Final decision making, money management credit ratings, pay day loans/borrowing, risks and solutions, support Cross Curricular Links: Experiential - Workshops Citizenship - Money Management

RRSA
2, 13, 17, 18, 24, 26, 27, 28, 29, 32, 36,

Supporting Citizenship revision Human Rights, prejudice and discrimination, racism, British values Cross Curricular Links: English - Literacy Skills Citizenship - Human Rights, British Values

Healthy Lifestyles Diet, exercise, lifestyle balance and healthy choices, and first aid

Cross Curricular Links: English- Literacy Skills, Reading Text, Writing Science - body, exercise

## RRSA

$2,3,6,17,18,24,26,27$ 28, 29, 31

Families, different families, parental responsibilities, pregnancy, marriage, changing relationships

## Transition

What is PSHE and why do we need to learn about it? Introduction activities Aims for Year 11
Cross Curricular Links: English - Speaking and Listening RE - Relationship and Families

## RRSA

1, 2, 3, 5, 7, 8, 9, 10, 12, 13, $14,17,18,19,20,21,22$, 25, 29, 34, 35, 36 Online Safety, digital footprints, privacy and data, trolling and cyber bullying, dark web, online grooming Cross Curricular Links: ICT - Social Media, Online Safety
English - Reading,
Writing, Key Vocabulary Citizenship - rights and responsibilities


