



## Curriculum Overview - RSE

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7			Health and puberty Healthy routines, influences on health, puberty, unwanted contact, and FGM  <b><u>Cross Curricular Links</u></b> <b><i>Citizenship – Human Rights, Law</i></b> <b><i>Experiential – Workshops</i></b>  <b><u>RRSA</u></b> 1, 2, 3, 7, 8, 36, 34, 33, 32, 39,			
8		Communication Qualities in a relationship, sexting, stages of a relationship, contraception <b><u>Cross Curricular Links:</u></b> <b><i>English- Literacy skills</i></b> <b><i>Citizenship – Rights and Responsibilities, Law</i></b> <b><i>ICT – Online Safety</i></b> <b><i>Science – Male and Female Reproductive Systems</i></b> <b><i>Experiential – Workshops</i></b>  <b><u>RRSA</u></b> 1, 17, 24, 34, 36				
9					Intimate relationships Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography <b><u>Cross Curricular Links:</u></b> <b><i>English- Literacy skills</i></b> <b><i>Citizenship – Rights and Science – Male and Female Reproductive Systems</i></b> <b><i>Experiential – Workshops</i></b>  <b><u>RRSA</u></b> 1, 17, 24, 34, 36	

<p><b>10</b></p>	<p>The media, self image, body image, influences/pressures, self-esteem, media vs reality  <u><b>Cross Curricular Links:</b></u>  <b>English- key text</b>  <b>FACE</b>  <b>Citizenship – media</b>  <b>Business – image and branding</b>  <b>ICT – media idea</b></p> <p><b>RRSA</b>  1, 2, 12, 13, 14, 15, 17, 23, 24, 29, 30</p>	<p>Managing healthy and unhealthy relationships  <u><b>Cross Curricular Links:</b></u>  <b>English- role play, literacy skills</b>  <b>RE - relationship and families</b></p> <p><b>RRSA</b>  1, 19, 33, 34, 35, 36</p>	<p>Identity, Transgender, LGBTQ+, Gender Stereotypes, prejudice and discrimination, key vocab, Equality Act  <u><b>Cross Curricular Links:</b></u>  <b>English- literacy skills</b>  <b>Citizenship – Human Rights</b>  <b>Experiential - Workshops</b>  <b>ICT – creative software</b></p> <p><b>RRSA</b>  2, 4, 8, 12, 13, 14, 15, 17, 19, 29, 30</p>	<p>Being safe/ exploitation  Dangerous relationships, online grooming, CSE, forced and arranged marriages, HBV  <u><b>Cross Curricular Links:</b></u>  <b>Humanities – Maps</b>  <b>ICT – Research</b>  <b>English – Speaking and Listening</b>  <b>Maths – Statistics</b></p> <p><b>RRSA</b>  1, 2, 11, 15, 17, 18, 19, 24, 27, 29, 33, 34, 35, 36</p>	<p>Contraception  Risks of unprotected sex, different contraceptives, access to services  <u><b>Cross Curricular Links:</b></u>  <b>Humanities – maps</b>  <b>ICT – research</b>  <b>Maths – charts, percentages</b></p> <p><b>RRSA</b>  1, 11, 15, 17, 24, 29, 33, 34</p>	<p>Coercive control  Transition – Contraception and STI's  <u><b>Cross Curricular Links:</b></u>  <b>English – writing</b>  <b>Citizenship – human rights, substance use</b>  <b>Experiential – workshops</b>  <b>science – HIV/AIDS hormone and barrier methods</b></p> <p><b>RRSA</b>  1, 2, 3, 12, 15, 17, 18, 20, 21, 24, 36</p>
<p><b>11</b></p>	<p>Sexual Consent, understanding consent, physical, emotional and social factors, barriers to practicing safe sex, influences of others  <u><b>Cross Curricular Links:</b></u>  <b>English- key vocab, Extended writing</b>  <b>Citizenship – debating</b>  <b>Maths – ratios and percentages</b></p> <p><b>RRSA</b>  1, 2, 3, 13, 17, 18, 24, 29, 33, 34, 36</p>	<p>Choices and decisions, personal values, respecting yourself, expectations in a relationship, communication in relationships assertive behaviour, appropriate/ inappropriate behaviour,  <u><b>Cross Curricular Links:</b></u>  <b>English – literacy skills</b>  <b>Citizenship – identity</b>  <b>RE- relationship and families</b></p> <p><b>RRSA</b>  12, 13, 14, 24, 29</p>	<p>Hate crimes, FGM, sexual abuse and harassment, sexual bullying, misogyny, sex and substances  <u><b>Cross Curricular Links:</b></u>  <b>English – literacy skills, reading text/articles</b>  <b>Citizenship – discrimination</b></p> <p><b>RRSA</b>  13, 14, 15, 17, 19, 27, 33, 34, 35, 36, 40</p>	<p>Parenting, pregnancy, unplanned pregnancy, miscarriage, abortion, fertility and reproductive health, parenting and babies, teen pregnancy  <u><b>Cross Curricular Links:</b></u>  <b>Science – pregnancy</b>  <b>Citizenship – rights and responsibilities</b>  <b>RE- relationship and families</b></p> <p><b>RRSA</b>  1, 2, 3, 13, 17, 18, 24, 29, 33, 34, 36</p>	<p>Exam Preparation  supporting Citizenship  <u><b>Cross Curricular Links:</b></u>  <b>English – Written Assessment, Reading Skills</b></p>	<p>Media, body image, influences/ pressures, teaching about pornography  <u><b>Cross Curricular Links:</b></u>  <b>ICT – advertising</b>  <b>Business- image and branding</b>  <b>English – literacy skills</b>  <b>Maths – graphs</b></p> <p><b>RRSA</b>  1, 2, 12, 13, 14, 15, 17, 23, 24, 29, 30</p>
<p><b>KS4 Literacy Focus</b>  Key words and understanding of worded questions, emphasis on long answer questions, effective communication between each other</p>						